



## Protocol: Adhesion Assay Kit

This protocol is a quantitative method for evaluating adhesion to the GEM. A typical setup tests 100,000 cells with 50 $\mu$ L of GEM run in triplicate. Keep in mind adhesion preference can change with the type, concentration or presence of serum. For a stringent test, compare adhesion with and without serum present.

### Materials Needed

- Multi-well low attachment or poly-HEMA coated dish  
*This protocol is written for a 24 well dish. Other formats may require the volumes be adjusted. The following table suggests volumes for different formats.*

Vessel	GEM	Cells	Well Volume
6 cm dish	250 $\mu$ L	500,000	5mL
10 cm dish	500 $\mu$ L	1,000,000	10mL
6-well plate	150 $\mu$ L	300,000	3mL
24-well plate	50 $\mu$ L	100,000	1mL
96-well plate	5 $\mu$ L	10,000	100 $\mu$ L

- 50mL of culture medium
  - PBS
  - Accutase
  - 50 $\mu$ L of GEM per well you wish to test
  - 100,000 cells per well you wish to test
1. Wash the GEM once with media to remove the storage buffer (2.5mM CaCl<sub>2</sub>, 10mM HEPES).
  2. Add 450 $\mu$ L of medium to each well you intend to use.
  3. Appropriately label a 24-well low attachment dish and add 50 $\mu$ L of the appropriate GEM to each well. A well free of GEM provides a nice control for cell viability.
  4. Create a cell suspension of 3 million cells in 15mL of medium.
  5. Dispense 500 $\mu$ L of cell suspension into each well. Swirl gently. Observe with a microscope.
  6. Place in a tissue culture incubator at the appropriate temperature and CO<sub>2</sub>. Adhesion times can range from 30 minutes to

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over 24 hours. As a rule of thumb, cells that are slow to adhere in 2D will also adhere more slowly to the GEM. The vast majority of cells are attached within 4 hours.

7. Swirl the plate firmly to re-suspend the GEMs. Using a magnet, hold the GEMs in the bottom of the well. Remove 250 $\mu$ L of supernatant to a micro centrifuge tube. Count the number of cells still in suspension and calculate CNA.

Calculate:

$\text{Cell Count} \times 4 = \text{CNA or Number of Non-adhered Cells}$

8. Using a magnet, hold the GEM in the bottom of the well and carefully aspirate off the remaining media. Add 250 $\mu$ L Accutase per well.

9. Wait for 10 minutes at room temperature for cells to come off the GEM.

10. Swirl plate. Using a magnet, hold the GEM in the bottom of the well and remove 125 $\mu$ L and count. Calculate adhesion efficiency.

Calculate:

$\text{Cell Count} \times 2 = \text{CG or Number on GEMs}$

For each well:

$\text{CNA} + \text{CG} = \text{TVC} = \text{Total Viable Cells}$

$\text{CNA} / \text{TVC} = \text{Percent Cells Non-adhered}$

$\text{CG} / \text{TVC} = \text{Percent Cells Adhered}$

Loading Efficiency is then:

$\text{CG} / \text{CNA} = \text{Loading Efficiency when CNA} > 0$

Additional Tips:

- Use your traditional culture substrate as a positive control for the assay with and without serum.
- Count cells as you would traditionally while applying the same dilutions and corrections.
- For increased precision in step 7, remove the remaining solution and calculate the total volume of the well. Correct the counts appropriately.

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